## FREE Emergency Preparedness Training for Your Students!

## The Pillowcase Project

Learn. Practice. Share.

The Red Cross is offering FREE youth disaster preparedness presentations for elementary-aged students in your area! Students will receive a fun emergency preparedness item and an age-appropriate presentation to help teach them how to stay safe during a disaster.

The Pillowcase Project presentation, for students in grades 3-5 (ages 8-11), is a 40- to 60-minute classroom-based presentation that teaches students to:

- Identify the best ways to stay safe during emergencies that can occur in their communities.
- Identify the best ways to prevent and stay safe during a home fire.
- Use coping skills to help manage stress during emergencies and in everyday situations.
- Gain confidence in their abilities to be prepared for emergencies through hands-on activities.
- Use their knowledge to act as advocates for emergency preparedness in their homes and communities.
- Discuss the role science plays in emergency preparedness.

Schedule a FREE presentation today! Provide your students and their families with this life-saving emergency preparedness training from the Red Cross.

To learn more about the program in your area or to schedule a presentation, please contact:

For more information, please visit redcross.org/youthprep.







